

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verstappen Emma

Coaches: Fobelets Jos

Coaches: Van de Weyer Rune

Coaches: Mertens Wenke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:1, starttime: 08:59
Heat: 1/11 Lane : 4 Athlete: MERTENS GIJS		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:2, starttime: 09:01
Heat: 2/11 Lane : 6 Athlete: CUYPERS ARTHUR		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:2, starttime: 09:01
Heat: 2/11 Lane : 7 Athlete: BREBELS NIELS		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:40.32 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:4, starttime: 09:03				
Heat: 4/11 Lane : 7 Athlete: DOUWEN MON										Q-time: 00:45:97				
PB (50m pool): 00:45.97 Antwerpen 15/03/2026										PB (25m pool): no time SB: 00:45.97 Antwerpen 15/03/2026				
	5 0 M													
PB	00:45.97													
	00:45.97													
														

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:5, starttime: 09:05																													
Heat: 5/11																				Lane : 7					Athlete: CEUPPENS VINCE										Q-time: 00:41:07				
PB (50m pool): 00:41.07										Wezenberg 01/02/2026										PB (25m pool): 00:41.76 SB: 00:41.07										Wezenberg 01/02/2026									
	5 0 M																																						
PB	00:41.07																																						
	00:41.07																																						
																																							

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:6, starttime: 09:06	
Heat: 6/11 Lane : 2 Athlete: LAUREYS MILAN										Q-time: 00:37:64	
PB (50m pool): 00:37.64 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:41.29 SB: no time											
	5 0 M										
PB	00:37.64										
	00:37.64										
											

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:8, starttime: 09:08																				
Heat: 8/11 Lane : 4 Athlete: CEUPPENS MATS																				Q-time: 00:32:27										
PB (50m pool): 00:32.27 Wezenberg 01/02/2026										PB (25m pool): 00:33.18 SB: 00:32.27 Wezenberg 01/02/2026																				
	5 0 M																													
PB	00:32.27																													
	00:32.27																													
																														

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:10, starttime: 09:10																																		
Heat: 10/11																				Lane : 7					Athlete: SLUYTS TIBE										Q-time: 00:30:40									
PB (50m pool): 00:30.40										Wezenberg					01/02/2026					PB (25m pool): 00:30.10										SB: 00:30.40					Wezenberg					01/02/2026				
	5 0 M																																											
PB	00:30.40																																											
	00:30.40																																											
																																												

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:11, starttime: 09:11																																																																					
Heat: 11/11																				Lane : 1										Athlete: SLUYTS JENNE										Q-time: 00:29:18																																							
PB (50m pool): 00:29.18																				Antwerpen										15/03/2026										PB (25m pool): 00:29.29										SB: 00:29.18										Antwerpen										15/03/2026									
		5 0 M																																																																													
PB		00:29.18																																																																													
		00:29.18																																																																													
																																																																															

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+				Heat:3, starttime: 09:16	
Heat: 3/12 Lane : 1 Athlete: CUYPERS LEONIE				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M				
PB	no time				
	<i>no time</i>				
					

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:9, starttime: 09:23																				
Heat: 9/12 Lane : 2 Athlete: VAN WAELDEREN HANNE																				Q-time: 00:34:40										
PB (50m pool): 00:34.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.13 SB: no time																														
	5 0 M																													
PB	00:34.40																													
	00:34.40																													
																														

Coach feedback:

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Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:9, starttime: 09:23
Heat: 9/12 Lane : 3 Athlete: LAUREYS XANTE			Q-time: 00:33:55
PB (50m pool): 00:33.55 Antwerpen 15/03/2026			PB (25m pool): 00:33.98 SB: 00:33.55 Antwerpen 15/03/2026
	5 0 M		
PB	00:33.55		
	00:33.55		
			

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 09:30
Heat: 2/6 Lane : 4 Athlete: VAN WAELDEREN KAREL			Q-time: 01:40:19
PB (50m pool): no time			PB (25m pool): 01:40.19 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 09:38
Heat: 6/6 Lane : 5 Athlete: VAN WAELDEREN THOMAS			Q-time: 00:59:20
PB (50m pool): 00:57.77 Antwerpen 22/03/2026			PB (25m pool): 00:57.55 SB: 00:57.77 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:26.81	00:57.77	
	00:26.81	00:30.96	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 09:43
Heat: 2/6 Lane : 3 Athlete: VAN ROOSBROECK YUNA			Q-time: 01:37:58
PB (50m pool): 01:37.58 SportinGenk Park 21/04/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:44.34	01:37.58	
	00:44.34	00:53.24	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 6: 100M BUTTERFLY WOMEN 11+			Heat:5, starttime: 09:49
Heat: 5/6 Lane : 5 Athlete: LEMMENS FEBE			Q-time: 01:14:09
PB (50m pool): 01:14.09 SportinGenk Park 21/04/2025			PB (25m pool): 01:10.35 SB: 01:14.98 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.01	01:14.09	
	00:34.01	00:40.08	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+			Heat:5, starttime: 09:49
Heat: 5/6 Lane : 6 Athlete: VERHEYEN LEONIE			Q-time: 01:15:36
PB (50m pool): 01:15.36 Antwerpen 15/03/2026			PB (25m pool): 01:15.20 SB: 01:15.36 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.60	01:15.36	
	00:34.60	00:40.76	
			

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:1, starttime: 09:53
Heat: 1/3 Lane : 4 Athlete: CUYPERS BASIEL			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 10:02
Heat: 1/7 Lane : 4 Athlete: VAN WAELDEREN KAREL			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 8: 50M BACKSTROKE MEN 11+		Heat:4, starttime: 10:08
Heat: 4/7 Lane : 2 Athlete: LAUREYS MILAN		Q-time: 00:37:90
PB (50m pool): 00:37.90 Antwerpen 13/07/2025 PB (25m pool): 00:36.29 SB: no time		
	5 0 M	
PB	00:37.90	
	00:37.90	
		

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+		Heat:6, starttime: 10:11
Heat: 6/7 Lane : 2 Athlete: SLUYTS JENNE		Q-time: 00:32:03
PB (50m pool): 00:32.03 Antwerpen 15/03/2026 PB (25m pool): 00:31.04 SB: 00:32.03 Antwerpen 15/03/2026		
	5 0 M	
PB	00:32.03	
	00:32.03	
		

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+		Heat:7, starttime: 10:13
Heat: 7/7 Lane : 5 Athlete: VAN WAELDEREN THOMAS		Q-time: 00:29:17
PB (50m pool): 00:28.99 Antwerpen 22/03/2026 PB (25m pool): 00:27.41 SB: 00:28.99 Antwerpen 22/03/2026		
	5 0 M	
PB	00:28.99	
	00:28.99	
		

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+		Heat:7, starttime: 10:13
Heat: 7/7 Lane : 7 Athlete: SLUYTS TIBE		Q-time: 00:29:87
PB (50m pool): 00:29.87 Wezenberg 01/02/2026 PB (25m pool): 00:30.43 SB: 00:29.87 Wezenberg 01/02/2026		
	5 0 M	
PB	00:29.87	
	00:29.87	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:1, starttime: 10:14
Heat: 1/8 Lane : 6 Athlete: VERHEYEN LEONIE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:38.54 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 10:18
Heat: 3/8 Lane : 3 Athlete: CUYPERS LEONIE		Q-time: 00:43:78
PB (50m pool): 00:43.78 Mol 23/06/2024		PB (25m pool): no time SB: no time
	5 0 M	
PB	00:43.78	
	00:43.78	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:6, starttime: 10:23
Heat: 6/8 Lane : 5 Athlete: LEMMENS FEBE		Q-time: 00:36:23
PB (50m pool): 00:36.23 Antwerpen 15/03/2026		PB (25m pool): 00:33.62 SB: 00:36.23 Antwerpen 15/03/2026
	5 0 M	
PB	00:36.23	
	00:36.23	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:7, starttime: 10:25
Heat: 7/8 Lane : 4 Athlete: VINGERHOETS MADELIEF		Q-time: 00:34:07
PB (50m pool): 00:34.07 Antwerpen 15/03/2026		PB (25m pool): 00:32.93 SB: 00:34.07 Antwerpen 15/03/2026
	5 0 M	
PB	00:34.07	
	00:34.07	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 10:41
Heat: 2/10 Lane : 5 Athlete: MERTENS GIJS			Q-time: 01:40:69
PB (50m pool): 01:40.69 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:36.39 SB: no time			
	5 0 M	1 0 0 M	
PB	00:49.54	01:40.69	
	00:49.54	00:51.15	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 10:44
Heat: 3/10 Lane : 3 Athlete: DOUWEN MON			Q-time: 01:34:53
PB (50m pool): 01:34.53 Antwerpen 15/03/2026 PB (25m pool): 01:38.05 SB: 01:34.53 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:47.14	01:34.53	
	00:47.14	00:47.39	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 10:49
Heat: 5/10 Lane : 6 Athlete: CEUPPENS VINCE			Q-time: 01:25:49
PB (50m pool): 01:25.49 Antwerpen 13/07/2025 PB (25m pool): 01:25.60 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.37	01:25.49	
	00:43.37	00:42.12	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:54
Heat: 7/10 Lane : 1 Athlete: BREBELS NIELS			Q-time: 01:19:13
PB (50m pool): 01:19.13 Antwerpen 13/07/2025 PB (25m pool): 01:14.72 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.78	01:19.13	
	00:39.78	00:39.35	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:54
Heat: 7/10 Lane : 2 Athlete: CEUPPENS MATS			Q-time: 01:18:24
PB (50m pool): 01:18.24 Antwerpen 13/07/2025			PB (25m pool): 01:20.27 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.76	01:18.24	
	00:37.76	00:40.48	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:54
Heat: 7/10 Lane : 8 Athlete: CUYPERS ARTHUR			Q-time: 01:19:40
PB (50m pool): 01:19.40 Antwerpen 15/03/2026			PB (25m pool): 01:24.90 SB: 01:19.40 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.09	01:19.40	
	00:38.09	00:41.31	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:14
Heat: 5/10 Lane : 5 Athlete: VAN ROOSBROECK YUNA			Q-time: 01:23:64
PB (50m pool): 01:23.64 SportinGenk Park 21/04/2025			PB (25m pool): 01:21.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.40	01:23.64	
	00:40.40	00:43.24	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:16
Heat: 6/10 Lane : 1 Athlete: VAN WAELDEREN HANNE			Q-time: 01:22:56
PB (50m pool): 01:22.56 SportinGenk Park 21/04/2025			PB (25m pool): 01:18.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.50	01:22.56	
	00:40.50	00:42.06	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 11: 100M BACKSTROKE WOMEN 11+		Heat:9, starttime: 11:23	
Heat: 9/10 Lane : 7 Athlete: LAUREYS XANTE			Q-time: 01:13:93
PB (50m pool): 01:13.93 Antwerpen 27/07/2025		PB (25m pool): 01:14.44 SB: 01:15.53 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:36.38	01:13.93	
	00:36.38	00:37.55	
			

Coach feedback: